



CERTIFICATE

Scandinavian International University
Skandinaviska ledarhögskolan

HAS THE PRIVILEGE TO ANNOUNCE THAT

Christina Tunestål

has fulfilled all the criteria in order to be certified as Mental Coach
and therefore has the right to the title

CERTIFIED MENTAL COACH

The requirements for a certified Mental Coach are:

- I. Certification as an International Coach (60 c-hours & 3 months Practicum)
- II. Licence as a Mental Trainer, which consists of;
 - a. Personal development through Mental Training (1 year training)
 - b. Person-, Team- and Leadership-training (1 year training)

Örebro, Sweden, April 21, 2010

LARS-ERIC UNESTÅHL, PH.D.
PRESIDENT SIU/SLH